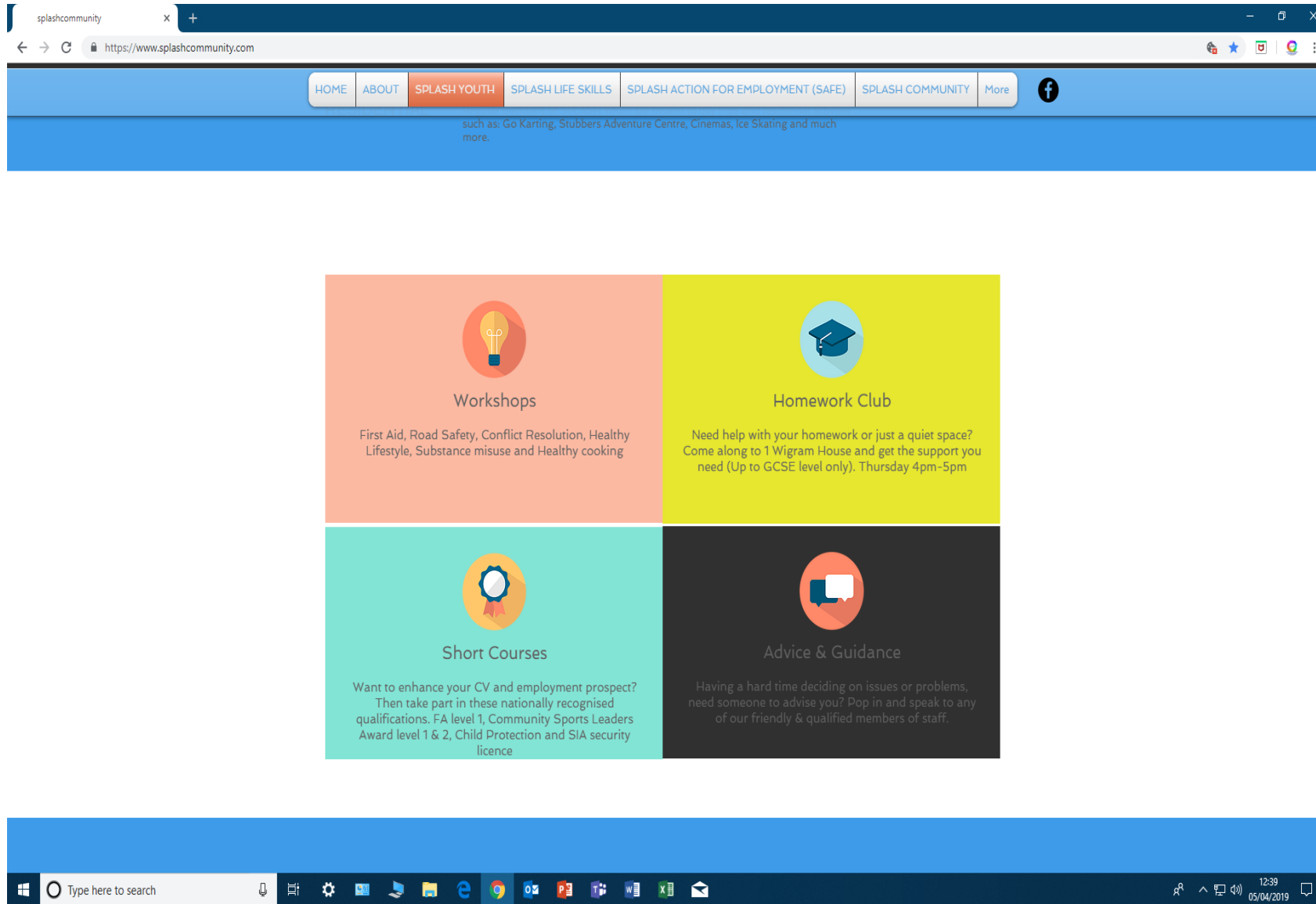


# Services and Contact Details SPLASH Website



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## SPORTS ACTIVITIES, DAY TRIPS AND RESIDENTIALS

<b>FOOTBALL COACHING</b>	Get fit and have fun! If you are looking to improve your skills, fitness or just looking to have fun and make friends, come along and give it a try	Wed, Fri, 5pm-7pm
<b>BASKETBALL</b>	All welcome! Basketball is a great way of improving coordination and skill within groups, an enjoyable sport for everyone.	Fri, 5pm-6.30pm
<b>GIRLS ONLY BASKETBALL</b>	Improve coordination and skill Basketball is a great way of improving coordination and skill within groups, an enjoyable sport for everyone.	Wed, 5pm-6.30pm
<b>BADMINTON COACHING</b>	Get involved in badminton First half of the session is for beginners and the second half is for more advanced players	Sun, 4pm-7pm
<b>MORE ACTIVITIES</b>	Other sports activities available We can provide other sports activities such as Bowlerie, Circuit class, Table Tennis, Volleyball etc. All activities are dependent on demand	
<b>DAY TRIPS &amp; RESIDENTIAL</b>	Member treats! Regular members of SPLASH Youth are treated to day trips and residential activities such as Go Karting, Shubbers Adventure Centre, Cinema, Ice Skating and much more.	

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**ALREADY A?**  
The Workhouse Leisure Centre  
Poplar High Street, London E14 0AF  
Telephone: 0207 5107799

SPLASH Arts  
Telephone: 020 7515 7503  
Mobile: 07960 591 138

Name \*

Email \*

Message

Send

St Matthias Community Centre  
113 Poplar High Street, London E14 0AE  
**Call us on 07852 716 262**

Our staff members are in the office and available most weekdays.  
**Monday - Friday, 9am - 5.30pm**

Activities Timetable

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